



INSIDE THIS ISSUE:

Inside Story 2

National Award 2

Holiday Tea 3

YOVASO 3

#realitycheck 3

Buckle Up, Drive Sober

Fort Defiance clinched the grand prize in YOVASO's Buckle Up, Drive Sober campaign this past spring. Family and Consumer Sciences (FCS) students spent five days in class during the month of February learning about all aspects of safe driving.

Throughout the week, students participated in hands-on activities highlighting the dangers of distracted driving, created safe driving posters and watched informative videos.

Cards with statistics on distracted driving were placed on the windshields of students' cars and a seat belt check was held on

Tuesday. Drivers wearing their seat belts were given Dum-Dum lollipops with the message "Don't be a Dum-Dum. Buckle up!"



Perhaps the most sobering day of the week was Friday when nine students dressed in black t-shirts and took a vow of silence for the day to represent the nine teenagers in Augusta County who lost

their lives in traffic accidents in 2010. Each student's shirt displayed a message as to how the person died. One shirt read "I didn't know 15 over would put me 6 feet under."

Throughout the day, the students' obituaries played on FDTV.

Fort's award-winning campaign earned the entire student body a visit from TJohnE Production's ThinkFast game show. TJohnE transformed the Fort gym into a competitive battle-

ground resembling "Jeopardy" as more than 700 students and teachers answered questions on pop culture and traffic safety.

Department Celebrates 50 Years

2012 marked the 50th anniversary of Fort Defiance High School. The Family and Consumer Sciences Department has been an integral part of FDHS since the school opened its doors in 1962. Over the years, the department has gone by several different names with Home Economics being the most popular.

As part of the 50th Anniversary

celebration, several FDHS FCS alumni organized a Tea and Fashion Show. Ms. Jean Driver, the department's first teacher, held the first fashion show during her years as department leader. The 50th Anniversary Tea and Fashion Show featured fashions from the last six decades modeled by alumni and teachers from each of those decades. The tea featured delicate, delicious foods

that would have made Ms. Driver proud. This event was definitely the highlight of the anniversary calendar.



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2011-12: Good Year for FCS and FCCLA



2012 STAR Event Participants



The 2011—2012 school year proved to be quite successful for the Fort Defiance Family and Consumer Sciences (FCS) Department and its Family, Career and Community Leaders of America.

In the Fall of 2011, the Workplace Readiness Skills Assessment for the Commonwealth was offered for the first time. Thirty-seven Fort FCS students took the test and 31 passed. The department's pass rate of 81% set the standard for the other departments in the county.

In November, 15 students and two chaperones traveled to Atlanta for FCCLA's National Cluster Meeting. Over the long weekend, students attended numerous leadership workshops, heard a hilarious motivational speaker and visited several Atlanta hot-spots.

The winter months were filled with community service opportunities as FCS classes shopped and wrapped presents for 20 families as part of the WTON/Rotary Christmas

Party again this year. Several seniors also donated their time to serving a spaghetti dinner at the Valley Mission. Members also assisted the MaDee Project as they sponsored the first ever Sugar and Spice Event for community children.

Ms. Earhart's Individual Development class spent several days at Clymore Elementary School teaching 2nd grade students about dental hygiene and nutrition and building gingerbread houses. Mrs. Houff's classes also found new friends in the form of reading buddies at Clymore. Both groups look forward to continuing the partnerships they have begun with the teachers and students at CES.

Approximately 20 Fort FCCLA members and advisors made the trek to Virginia Beach in late April for the annual State

Leadership and Recognition Conference. The Parliamentary Procedure team won the state contest for the second year in a row. The three other groups competing in STAR Events received gold and silver ratings. As a chapter, Fort was recognized for having over 100 members and for participating in seven national programs.

Junior Jessica James dazzled on-stage in her role as State Vice President of Competitive Events. Throughout the year, Jessica traveled to meetings throughout the state, raised money for the Leadership Foundation, and helped plan this year's conference.

Fort Defiance continues to prepare its FCS students and FCCLA members for adult life and looks forward to the 2012-2013 school year.



Amber Simmons accepts the Financial Fitness Award on behalf of the chapter.



IFF Garners National Award

The Fort Defiance FCCLA Chapter was awarded the National Financial Fitness Award by the Family, Career and Community Leaders of America at the 2011 National Confer-

ence in Anaheim, California. In addition to a plaque, the chapter was awarded \$500 and asked to share their project with FCCLA members nationwide at the "Spotlight on Projects" during national conference.

For several years, the chapter has sponsored a reality town

entitled "Indian Flash Forward (IFF)" for the entire junior class. The project is designed to introduce students to the financial realities of adulthood and has been embraced with much enthusiasm by students, teachers, parents, and community members.

Department hosts annual Holiday Tea



On Thursday, December 13, 2012, the Family and Consumer Sciences Department sponsored its annual

Holiday Tea in the FCS living room. Approximately 250 students, faculty and staff members attended the event. Several special guests from Central Office, including Superintendent Dr. Chuck Bishop, were also a part of the festivities.

This year's theme was "Winter Wonderland." In keeping with the theme, the living room was decorated in blue and silver with a

snowscape mural filling the landscape window. Candlelight and seasonal music added to the ambience.

For two days prior to the event, all six FCS classes were hard at work preparing a plethora of sweet and savory treats. The melting snowman cookies and Mrs. Anhold's hot sausage dip were among the favorites this year.

"One of our group's favorite activities was the DUI stop set up on the road outside of Lynchburg College."

Fort Takes YOVASO By Storm

Last year, Fort Defiance didn't even know what YOVASO was. This year, FDHS knows that YOVASO stands for Youth of Virginia Speak Out, and the chapter has indeed been speaking out.

Fort's involvement with YOVASO began in February of 2012 with the Buckle Up, Drive Sober Campaign. After winning the campaign's grand prize, the chapter continued its YOVASO involvement by attending the group's summer conference.

Held in early August at Lynchburg College, the 2012 YOVASO Summer Retreat was jam-packed with hands-on activities, ideas for suc-

cessful safe driving campaigns and educational presentations. One of our group's favorite activities was the DUI stop set up on the road outside of Lynchburg College. Retreat attendees were able to watch police officers work the check-point and even witnessed several arrests. Furthermore, retreat goers were able to act as detectives at the scene of a mock crash, take a turn behind the wheel of the drunk driving simulator, and take a ride on the seat belt convincer. These activities definitely reinforced the responsibility one assumes each and every time he/

she starts a car.

Finally, FDHS collected a couple of trophies at the banquet. Our group was earned the Distracted Driving and New Chapter of the Year Awards for 2012. Not a bad haul for the new kids!



Students looking forward to a "Reality Check"

Fifteen students and two advisers from the Fort Defiance FCCLA chapter are currently preparing for the 2013 State Leadership and Recognition Conference to be held April 12—14 at the Virginia Beach Conference Center. The weekend will begin with 12 students competing in a variety of STAR Events (competitive events designed to prepare students for their careers)

for the opportunity to represent Virginia at the National Leadership Conference this summer in Nashville, Tennessee. Friday and Saturday will be comprised of leadership workshops, motivational speakers, sightseeing and an awards' banquet. The weekend will come to an end on Sunday morning as STAR Event winners are announced and the new State Executive Council is

installed.



The theme for the 2013 State Leadership and Recognition Conference is "#realitycheck."

